



Looking for a deep-relaxing escape from your busy life? Choose your full-body massage, specialized massage, or both!

Benefits of massage include the following:

- Stress reduction
- Aid to relaxation
- Improving circulation
- Better posture
- Increased flexibility
- Counters depression
- Strengthening immune system

Hours

| | |
|-----------|--------------------|
| Monday | 9:00 am - 5:00 pm |
| Tuesday | by appt. only |
| Wednesday | 11:30 am - 7:30 pm |
| Thursday | 11:30 am - 7:30 pm |
| Friday | by appt. only |
| Saturday | 9:00 am - 2:00 pm |
| Sunday | Closed |



Tranquility Spa

661 Delaware Ave.
Suite A

Palmerton, PA 18071

610-824-3544

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Escape and relax at...

Tranquility Spa

*Schedule your Massage
TODAY*

610-824-3544

Escape and Relax

Hot Stone Massage:

Heated stones bring balance to the mind, body and soul. Relieves aches, pain and muscle spasms; increasing joint flexibility.

60 minutes \$90.00
90 minutes \$110.00

Reflexology:

This is a popular alternative therapy enjoyed on its own or incorporated with other treatments. Great choice for quick relaxation!

\$1.00 per minute Min. 15 minutes

Wellness Massage:

A light to medium massage designed to reduce stress, improve circulation and range of motion.

Therapeutic Massage:

A medium to hard pressure incorporated with stretches designed to reduce stress, improve circulation and range of motion while focusing on trigger points.

Deep Tissue Massage:

Concentrates on deep layers of muscle and fascia. Treats a variety of physical ailments.

Aromatherapy Massage:

Massage and essential oils unlock pure benefits that transcend the combined power of both.

Prenatal Massage:

Complimentary choice of prenatal care. Reduces stress while promoting wellness. Relieves discomfort experienced during pregnancy and increases circulation.
*Must be in second or third trimesters.

| Massage Time | Price |
|--------------|----------|
| 30 minutes | \$40.00 |
| 60 minutes | \$70.00 |
| 90 minutes | \$100.00 |

Add-ons are a wonderful way to compliment your massage and add to your relaxation.

Hand and foot detoxing salt scrub
-with mud mask \$15.00
-without mud mask \$10.00

Ask about our Holistic Remedies today!

Essential Oils
Sugar Scrubs
Muscle Rubs
Lotion & Body Creams
Made to Order